Swing Times



March 2016

A Publication of the San Diego Swing Dance Club which was established on May 10, 1970

Some pictures from February, see the Facebook page for more.













Welcome our new member(s)!

◆Yuki El

Coming events in and around the San Diego Swing Dance Club

March 6: Wear Red, White, & Blue - celebrate birthdays with a cake and a drawing for free dance passes.

March 6: Roy and Farrell Sjoberg intermediate workshop.

March 13: St. Patrick's Day dance on 3/13



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SAN DIEGO SWING DANCE CLUB, INC. **BOARD OF DIRECTORS** 2015 - 2016 **Executive Board**

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| Members-at-Large | |
| Margaret Fazio(858) 278- | -7941 |
| | |

BOARD OF DIRECTORS MEETINGS NEXT MEETINGS ARE:

Web Master

Sunday March 6th @ 2:00pm Sunday April 3rd @ 2:00pm Location: El Cajon Elks Lodge 1400 E. Washington Ave. El Cajon, CA. 92019

Mike Lock.....sdwmike@roadrunner.com

All members welcome. If you wish to address the Board you must be on the agenda one week prior to the meeting. Members may approach any of the



It's already March, time passes so quickly. Please join us for our St. Patrick's Day dance on 3/13 and search your closet for something green to wear. We are all Irish one day per year if we choose to

Richard and Karen as DJs are playing some great tunes, keeping the floor full and consistently adding new music to our Music Library. I've heard so many positive comments and our increasing attendance says it all. Tim Waldowski's technical

knowledge is helpful and impressive and he is always willing to lend his expertise when we have a glitch. Richard Seaver, you are missed, several people have asked about you.

If you need information about an event or otherwise, please ask a Board member, in order to receive "accurate" information. This way, we will all be on the same page and avoid mishaps. Our Palm Springs bus cancellation was a prime example of what can happen when inaccurate information is circulated.

Wondering about Jack Sigler? He is doing well and on March 8, he will be attending a Senior Prom (no kidding) with his Tennessee daughter, Sharlene. She promised to send us a picture. I wish I could be a mouse in the

corner at that event and watch him in action. He is still currently living in Georgia with daughter, Tammy, but will soon visit Sharlene for a few weeks. Go, Jack!

And the beat goes on...

Michele Brannon

Happy Birthday to These Special Members!

March 2016 04 Jana Benfer

04 Jim Gibson 05 Dennis Keith 08 Alex Coronado

11 Patrick Locantore

11 Trish Lovell 19 Mark S. Long

20 Dennis Selich

20 Julie Harper

20 Linda Hathaway

21 Dennis Panek

22 Wright Benson

27 Roger Reynolds

30 Ron DiNella







April 2016

02 Anna Boylan 03 Mike Lock 07 Doris Shiltz 08 Clifford Tabadisto 12 Josie Nelson 12 Kenneth Hill

14 Shirley Robinson

15 Margaret Carlson

16 Yolanda Medina

17 Geo Deasee 17 Lloyd Lickert

18 Juana Page

18 Sandra McKenna 19 Heather Sheppard

19 Yuki El

20 Christina E Strey 20 Leroy Williams

21 Lon Clement 23 Larry Templeton

25 Monty Guess 26 Richard Vannoy

27 Barbara Cook 29 Rita Tanner

30 Meredith Jones



March 2016



Remember that the club is always looking for new music to add to our playlists. If you have a favorite West Coast Swing song please post it on the Facebook page or tell our DJs.



March 2016 Beginning West Coast Swing Dance Instructor — 3pm-4pm **Bob Avila**

Bob realized at a young age that he had a talent for dancing. He won his first contest, a Twist competition, as a teenager and kept taking his dancing to the next level. Bob has had intensive instruction in all ballroom dances and enjoys sharing his expertise. He is a natural as a performer and if you heard of Fast Feet Bob in the Disco Era, that was Bob Avila. He took many 1st place prizes in Free Style dancing, and his notoriety as a Street Hustle competitor would often scare away the competition.

Bob and his wife, Suzi, became members a few years ago and are regular attendees. They often bring friends with them to introduce these friends to our Club.

Bob is routinely asked for help from other instructors, because he is truly a Dance Diagnostician. He knows how to make the material understandable to the students, creating a fun, relaxed atmosphere. This ability is truly an art and the San Diego Swing Dance Club is fortunate to have this talented, versatile dancer as our March Instructor.



Roy and Farrell Sjoberg are holding an intermediate workshop on March 6, 2016 3:00pm – 4:00pm

Roy and Farrell met dancing in 1998 and have been dancing and teaching together for over 15 years. After winning and placing for several years in local and national competitions, they turned their attention to social dancing, focusing on

connection and musicality. They believe that good technique is essential, and enjoy helping students develop the skills to dance successfully with partners of all levels.

They are grateful for the outstanding instruction they have received over the years, from several champion dancers, and would like to help pass on what they have learned to others.

They have recently moved to the San Diego area and are available for private lessons in their home studio in Encinitas. They are also available to teach workshops in the San Diego and southern LA areas. They can be reached at RoyAndFarrell@comcast.net.





P.O. Box 923 El Cajon, CA 92022





Through the National FastDance Assn., our dance club activities are licensed by:







About SDSDC:

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of Swing Times newsletter. Club colors are red, white and blue and the first Sunday of each month is red, white and blue day. Wear the Club colors and be entered into a drawing for a free admission pass. If you haven't been to the Club dances in a while, stop by soon so you can continue to enjoy the dancing, fun, and friendliness that makes SDSDC so special. One free admission to first-timers to the club, let them know at the door.

The San Diego Swing Dance Club Inc.

The SDSDC meets on Sunday afternoons and is open to the general public. You may come with or without a partner. Admission is \$5.00 for members and \$7.00 for non-members. A beginners class is given just prior to the dance and is free with admission to the dance.

El Cajon Elk's Lodge 1400 E. Washington Ave. El Cajon, CA 92019

SEE WEBSITE FOR MAP & DIRECTIONS www.sandiegoswingdance.com

HOTLINE PHONE (858) 274-6422

See "Swing Times" in color! www.sandiegoswingdance.com

Membership Application

To join the San Diego Swing Dance Club
Complete the information below and mail to:
San Diego Swing Dance Club Inc.
P.O. Box 923, El Cajon, CA 92022

| P.O. Box 923, El Cajon, CA 92022 |
|----------------------------------|
| □ New member |
| Date |
| Name |
| Address |
| City |
| State Zip |
| Phone |
| Birth date (month/day) |
| Email |
| Newsletter: □ USPS □ email |

How did you find us