

Swing Times



July 2019

A Publication of the San Diego Swing Dance Club which was established on May 10, 1970 by Paul Benton



Our Monthly New Dance on July 7th will be **The Hustle** with **Bob and Suzie Avila** as your Instructors.

July 14th and 21st, Bob and Suzie will be the basic West Coast Swing Dance Instructors.

Bob has always had a passion for dancing. Upon moving to California he was very successful in local dance contests and therefore, encouraged to be a dance Instructor.

He taught at McVitties where he enrolled in an extensive training program learning how to be a Dance Diagnostician, not just a Dance Teacher. While at McVitties, he mastered the Bronze and Silver

level of dancing. Later he taught a new popular dance called "**The Hustle**" at various night clubs. After passing the "Gold level" of dancing, he began instructing only dance teachers. Various studios would utilize him to train their teachers the art of "becoming a dance instructor" They had to have already passed their dance levels. One of his favorite dances became the West Coast Swing. The mastering of multiple dances has enabled Bob and Suzie to incorporate other dance moves into the West Coast Swing causing it to be an exceptional dance requiring the least effort on the dance floor.



Your club is pleased to announce
Abigail Vogels

as your **workshop Instructor** for July 28th.

Abby started ballet classes at age three in New Zealand, where she was born. After moving to Australia at age seven, she studied jazz before she fell in love with Ballroom, both standard and Latin.

She expanded her repertoire further when she moved to the United States and learned American Smooth and Rhythm. But, it wasn't until she discovered West Coast Swing that she found her true love for dance.

Abby has been teaching partner dances for over twelve years now and competes in West coast Swing at the All Star level.

Our Club is excited to have the following new members: Ann Moore, Todd Phelps, Tamara Teixeira, Florita Realin, and Kathy Fennell



Coming events in and around the San Diego Swing Dance Club

Join us every Sunday afternoon promptly at 3PM for a dance lesson,
followed at 4PM by open dancing until 6:30PM

July 7th, Wear Red, White, & Blue - Celebrate birthdays with cake and a drawing for free dance pass

July 7th: The Hustle Instructor: Bob and Suzie Avila

July 14th : Basic West Coast Swing Instructor: Bob and Suzie Avila

July 21st: Basic West Coast Swing Instructor: Bob and Suzie Avila

July 28th: Workshop Instructor: Abby Vogels

**First Sunday of the month
we will teach another
dance. This month it will
be the "The Hustle"**

**SAN DIEGO SWING DANCE CLUB, INC.
BOARD OF DIRECTORS
2019-2020
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Craig Helm.....619-733-0409
 Email.....hhauction@cox.net

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David Rudgers.....858-748-0733
 Email.....awnboy@cox.net

Membership
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 Email.....jajozar1@gmail.com

Treasurer
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 Email.....ljdeilke@sundt.com

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 Email.....gbowman@hotmail.com

Newsletter Editor
Bob Avila.....619-421-1645
 Email.....avilabob39@yahoo.com

Activity Director
Ann Taylor619-447-8506
 Email.....aftaylor7939@cox.net

Co Dance Directors
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 Email.....larryazmail@gmail.com
Mary Manzella619-742-6080
 Email.....marymanzella8@gmail.com

Hospitality Director
Karen Ribby.....619-470-7017
 Email.....kayar1@cox.net

Publicity Director
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 Email.....olgalopez1958@yahoo.com

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 Email.....aftaylor7939@cox.net

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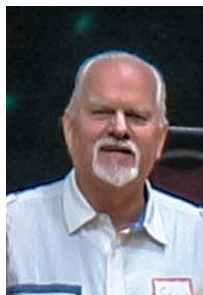
BOARD OF DIRECTORS MEETINGS

NEXT MEETINGS ARE:

Sunday July 7th @ 2:15 pm
 Sunday Aug 4th @ 2:15
 Location: El Cajon Elks Lodge
 1400 E. Washington Ave.
 El Cajon, CA. 92019

All members welcome.

If you wish to address the Board you must be on the agenda one week prior to the meeting. Members may approach any of the Executive Board members to be placed on the agenda.



A Few Words From Our President

June brought some good turnouts and a lot of fun with several new people. There were big smiles and a lot of social interaction.

We are all anxious for the 4th of July and a great independence day celebration.

The new San Diego Swing Dance board met and we are all dedicated to a prosperous and productive new year of dancing and fun. Please bring any concerns to our attention.

A thought about dancing. I have found that a smile makes your partner feel good! Also eye contact with your partner really means a lot. If your aren't doing it, try it. You will see what I mean. After all, it's only two minutes .

Remember the Red White and Blue and invite someone to our swing dance Sunday! You will be glad you did.

See you Sunday,

Craig P. Helm Sr.

July

06 Arturo Rodriguez
 08 Ron Bishop
 08 Megan McIver
 09 Marilyn Bredimus
 16 Katherine Cannon
 19 Linda Maize
 22 Mary Manzella
 22 Maggie Smith
 23 Margie Stroud
 25 Richard Wheatley
 27 Linn Fraley
 30 Vicki Palladino
 30 Michelle Jansz
 31 James Pyle
 31 Grainne "G" Whitman



August

02 Mary Lou Brown
 02 Margery Pipitone
 03 Jose DeLuna
 03 Rachel Hilliard
 03 Rick Quetives

06 Jon Wright
 07 Ron Walters
 08 Bob Carter
 08 Ron Savage
 11 Kathryn Clayton
 12 Dan Kannan
 12 Barbara Noyer
 16 Larry Armstrong
 16 Diana Costantino
 17 James Biever
 22 Patrick Novacek
 25 Effie Belden
 25 Anita Dancoff
 27 Barbara Moore-Carter
 27 Eleanor Lewis



If you have changed your phone number or email address in the last few months please provide us with your up-dated information for our records.
Let us know if you would like to receive your newsletter by email



NEW DANCE FOR MONTH OF JUNE - COUNTRY TWO STEP TAUGHT BY MARY MANZELLA WAS A COMPLETE SUCCESS.



Having fun on and off the Dance Floor!



P.O. Box 923
El Cajon, CA 92022



A Proud Member
of the:



Through the National FastDance Assn.,
our dance club activities are licensed by:



SESAC

About SDSDC:

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of *Swing Times* newsletter. Club colors are **red**, white and **blue** and the first Sunday of each month is red, white and blue day. Wear the Club colors and be entered into a drawing for a free admission pass. If you haven't been to the Club dances in a while, stop by soon so you can continue to enjoy the dancing, fun, and friendliness that makes SDSDC so special. **One free admission to first-timers to the club, let them know at the door.**

See "Swing Times" in color!
www.sandiegoswingdance.com

Membership Application

To join the San Diego Swing Dance Club
Complete the information below and mail to:
San Diego Swing Dance Club Inc.
P.O. Box 923, El Cajon, CA 92022

- ☐ New member \$35
☐ Newsletter subscription only ... \$15
☐ Renewal \$35
☐ Contact change no charge

Date _____

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Birth date (month/day) _____

Email _____

Newsletter: ☐ USPS ☐ email

How did you find us _____

The San Diego Swing Dance Club Inc.

The SDSDC meets on Sunday afternoon and is open to the general public. You may come with or without a partner. Admission is \$7.00 for members, \$8.00 for Sister Clubs and \$10.00 for non-members. A beginners class is given just prior to the dance and is free with admission to the dance.

Classes: Sunday - Beginners 3:00 - 4:00 P.M.

Dances: Sunday 4:00 - 6:30 P.M.

El Cajon Elk's Lodge
1400 E. Washington Ave.
El Cajon, CA 92019

SEE WEBSITE FOR
MAP & DIRECTIONS
www.sandiegoswingdance.com

HOTLINE PHONE (858) 274-6422