

# Swing Times



March 2020

**A Publication of the San Diego Swing Dance Club which was established on May 10, 1970 by Paul Benton**



## March Dance Instructor

Our Monthly New Dance on Mar 1st will be **Cha Cha** with **Bob and Suzie Avila** as your Instructors.

Mar 8th and Mar 22nd Bob and Suzie will be the basic **WCS** Dance Instructors.

Upon moving to California Bob was very successful in local dance contests and was encouraged to be a dance Instructor.

Bob first taught at McVitties where he received extensive "teacher" training. While at McVitties, Bob mastered the Bronze and Silver level of dancing. Later he taught a new popular dance called "**The Hustle**" at

various night clubs.

After passing the "Gold level" of dancing, Bob became an instructor of only dance teachers. Various studios would utilize Bob to train their teachers the art of "becoming a dance instructor" They had to have already passed their dance levels. One of Bobs' favorite dances became the West Coast Swing.

After teaching his wife Suzie various dances and advanced techniques, the mastering of multiple dances has enabled Bob and Suzie to incorporate other dance moves into the West Coast Swing. Thus causing the WCS to be an exceptional dance, requiring the least effort on the dance floor.

**Notice:** March 15th The Club will be **DARK**  
Due to the Annual Elk's Follies being held that day

## Intermediate Workshop Feb 29th With Parker Dearborn & Melissa Rutz



Parker Dearborn began swing dancing at age 14, while living in Tucson Arizona. Parker partnered with Tatianna Mollmann when they were 14 and competed in juniors at USA Grand Nationals. Parker garnered numerous titles in the Showcase Division. He was an active competitor

achieving notoriety at an early age at many Swing Events throughout the United States, eventually becoming a Champion West Coast Swing Dancer. Parker, with partner Jessica Cox achieved success winning and placing in the Showcase Division for several years. Today Parker is partnered with Melissa Rutz and together they are a spark of energy and dynamic action and reaction, while maintaining a strong historical west coast swing presence in their dance. Parker is known for his traditional west coast swing style using closed position circular and slotted moves and adding creative footwork. Parker has kept his swing dancing close to the roots of swing while also bringing his style to the popular swing generation in a new and creative way.

**Our club is excited to have the following new members: Shirley Eldred, Ron Bishop, Gladys Evins, Renatte Adler and Yunhua Jeng**

## Coming events in and around the San Diego Swing Dance Club

Join us every Sunday afternoon promptly at 3PM for a dance lesson, followed at 4PM by open dancing until 6:30PM

March 1st: Wear **Red, White, & Blue** - Celebrate birthdays with cake and a drawing for free dance pass

March 1st: Basic Cha Cha Instructor: Bob Avila and Suzie Avila

March 8th: Basic West Coast Swing instructor: Bob and Suzie Avila

March 15th: Club will be Dark due to the annual Elk's Follies

March 22nd: Basic West Coast Swing Instructor: Bob and Suzie Avila

March 29th: Workshop Instructor: Parker Dearborn and Melissa Rutz

**First Sunday of the month  
we will teach another  
dance. This month it will  
be the "Cha Cha"**

**SAN DIEGO SWING DANCE CLUB, INC.  
BOARD OF DIRECTORS  
2019-2020  
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TBA

**Librarian**

TBA

**Parliamentarian**

TBA

**Sergeants-at-Arms**

TBA

**Members-at-Large**

TBA

**Webmaster**

**Mike Lock**.....lock.mike53@gmail.com

**BOARD OF DIRECTORS MEETINGS****NEXT MEETINGS ARE:**

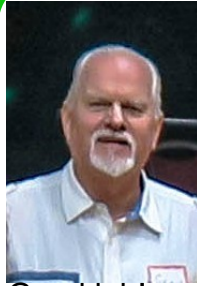
Sunday Mar 1st @ 2:15 pm

Sunday Apr 5th @ 2:15

Location: El Cajon Elks Lodge  
1400 E. Washington Ave.  
El Cajon, CA. 92019

All members welcome.

If you wish to address the Board you must be on the agenda one week prior to the meeting. Members may approach any of the Executive Board members to be placed on the agenda.

**An Update From Our Vice President**

February was an interesting month for SDSDC. Attendance is up and we are seeing a lot of new people.

Mary Manzella put on a great series of lessons. I find myself using new moves for West Coast Swing and Night Club 2 step. Thanks Mary—

Good job!

The Valentine Dance was a success, lots of nice decorations & snacks, thanks to Ann Taylor and Chris Levy. I may have gained a pound or two.

Can't wait for Mary's intermediate workshop. Many new people are coming.

I am still dancing every day and feel better because of it. I can't wait for the Elks Follies March 14th and 15th, 2020. I will be doing my stand up routine.

Remember to look your dance partner in the eyes and smile! Ask someone new to dance. Remember — What goes around— comes around.

Invite someone to our club. The More the Merrier!

Sincerely  
Your President  
Craig P. Helm, Sr.

**March**

05 Dennis Keith  
08 Alex Coronado  
15 Robin Williams  
16 Michel Summitt  
18 Shirley Allen  
19 Ana Elvia Sanchez  
19 Florita Realin  
20 Dennis Selich  
20 Julie Harper  
21 Dennis Panek  
22 Yunhua Jeng  
23 Kathleen Petryshyn  
27 Roger Reynolds  
28 Norma Casas  
29 David Rudgers  
30 Ron DiNella

**April**

02 Anna Boylan  
03 Michael Biggane  
03 Mike Lock  
05 Kathy Fennell  
08 Cliff Tabadisto  
11 Aprille Kay

**April**

12 Josie Nelson  
13 George Ludwig  
15 Margaret Carlson  
16 Theresa Squires  
17 Geo Deasee  
17 Lloyd Lickert  
18 Juana Page  
18 Sandra McKenna  
19 Holly Farris  
20 Christina Strey  
20 Leroy Williams  
21 Lon Clement  
21 Steven Moss  
24 Denise Gonzalez  
26 Richard Vannoy  
27 Joe Geluz  
27 Sheri Marie Mariscal





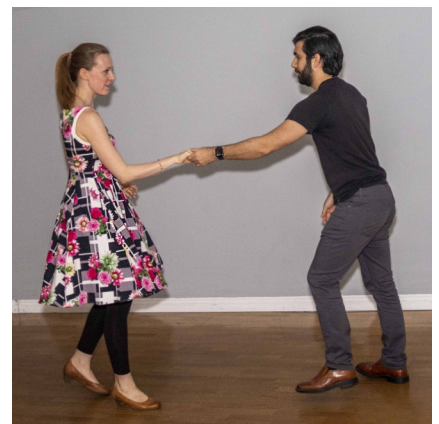
**If you have changed your phone number or email address in the last few months please provide us with your up-dated information for our records.**  
**\*Let us know if you would like to receive your newsletter by email\***



On February 2nd Mary Manzella  
Taught the Waltz



**Everyone had fun at our Valentines Dance Feb 16th**



I am sad to say that on Feb 16th we lost a long time member, Edith Jarvis. She joined the SDSDC back in the 70s. She served on the

Board in various positions, Including Newsletter Editor.

Our condolences to her family and friends. She will be missed.





P.O. Box 923  
El Cajon, CA 92022



A Proud Member  
of the:



Through the National FastDance Assn.,  
our dance club activities are licensed by:



#### About SDSDC:

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of *Swing Times* newsletter. Club colors are red, white and blue and the first Sunday of each month is red, white and blue day. Wear the Club colors and be entered into a drawing for a free admission pass. If you haven't been to the Club dances in a while, stop by soon so you can continue to enjoy the dancing, fun, and friendliness that makes SDSDC so special. **One free admission to first-timers to the club, let them know at the door.**

See "Swing Times" in color!  
[www.sandiegoswingdance.com](http://www.sandiegoswingdance.com)

### The San Diego Swing Dance Club Inc.

The SDSDC meets on Sunday afternoon and is open to the general public. You may come with or without a partner. Admission is \$7.00 for members, \$8.00 for Sister Clubs and \$10.00 for non-members. 1st Sunday is a free Lesson in a Non-WCS dance. Mid-month Sundays are free WCS lessons. Last Sundays we have an intermediate workshop. (Lesson and workshop Schedule subject to change. Lesson is always prior to regular dance.)

(See Flyers posted of workshops for further information)

Classes: Sunday - Beginners . . . . . 3:00 - 4:00 P.M.

Dances: Sunday . . . . . 4:00 - 6:30 P.M.

El Cajon Elk's Lodge  
1400 E. Washington Ave.  
El Cajon, CA 92019

SEE WEBSITE FOR  
MAP & DIRECTIONS  
[www.sandiegoswingdance.com](http://www.sandiegoswingdance.com)

**HOTLINE PHONE (858) 274-6422**

### Membership Application

To join the San Diego Swing Dance Club  
Complete the information below and mail to:  
San Diego Swing Dance Club Inc.  
P.O. Box 923, El Cajon, CA 92022

☐ Renewal Member.....\$35

☐ New member.....\$35

Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Birth date (month/day) \_\_\_\_\_

Email \_\_\_\_\_

Newsletter: ☐ USPS ☐ email

How did you find us \_\_\_\_\_