

# Swing Times



September 2021

**A Publication of the San Diego Swing Dance Club which was established on May 10, 1970 by Paul Benton**

## September Dance Instructor Bob and Suzie



Our Monthly New Dance on Sept 4th will be **The Hustle** with **Bob Avila** as your Instructor and Suzie Avila as his assistant.

Sep 11th, and 18th, Bob will be the basic **WCS** Dance Instructor. Upon moving to California Bob became very successful in local dance contests and was encouraged to be a dance Instructor.

Bob first taught at McVitties where he received extensive "teacher" training. While at McVitties, Bob mastered the Bronze and Silver level of

dancing. Later he taught a new popular dance called "**The Hustle**" at various night clubs.

After passing the "Gold level" of dancing, Bob became an instructor of only dance teachers. Various studios would utilize Bob to train their teachers the art of "becoming a dance instructor" They had to have already passed their dance levels. One of Bob's favorite dances became the West Coast Swing.

The mastering of multiple dances has enabled Bob and Suzie to incorporate other dance moves into the West Coast Swing causing it to be an exceptional dance, requiring the least effort on the dance floor.

## September 26th Intermediate WCS instructors Margie Adams and Mark Pablo



### Margie Adams

Margie's love of dance started as a child and has never stopped. She created the SwingFX dance team providing dance entertainment for corporate private events in San Diego for 10 years. Her enthusiasm for her students is never-ending, and her love of helping people learn is evident. Margie is available for private lessons with individuals or couples and teachers lead and follow in multiple dance styles.

Margie Adams,  
2toGroove Dance



### Mark Pablo

Mark started dancing at a very young age as a hip hop dancer in Hawaii. He eventually traveled to the U.S. and trained in West Coast swing and Argentine tango. Because of the incredible understanding of body mechanics he learned from his hip hop dance experience, he quickly went up the ranks in the West Coast swing dance competitions. Mark trained with numerous Argentine tango masters and brings this training to his tango dance classes and performances. He brings his compassion, his easy going disposition and extensive knowledge of body movement to his dance teaching. Call or email Mark directly to schedule a private dance lesson.

**Our club is excited to have the following new members: Gloria Mellizo, Roger Sokoloff, Lon Clement, Jan Jeng, Jim Jeng,**

## Coming events in and around the San Diego Swing Dance Club

Join us every Sunday afternoon promptly at 1:30pm for a dance lesson,  
followed at 2:30pm by open dancing until 5:00pm

Sept 5th, Wear Red, White, & Blue -

Sept 5th: Basic Hustle Instructor- Bob and Suzie Avila

Sept 12th : Basic West Coast Swing Instructor: Bob and Suzie Avila

Sept 19th : Basic West Coast Swing Instructor: Bob and Suzie Avila

Sept 26th: Intermediate West Coast Swing: Margie Adams and Mark Pablo

**First Sunday this month  
we will teach another  
dance. This month it will  
be the "Hustle"**

**SAN DIEGO SWING DANCE CLUB, INC.  
BOARD OF DIRECTORS  
2021-2022  
Executive Board**

**President**

**Craig Helm**.....619-601-1659  
Email.....craigswingdance@yahoo.com

**Vice President**

**Jose Hernandez**.....858-222-4792  
Email.....hernandez4487@att.net

**Membership**

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Email.....jajozar1@gmail.com

**Treasurer**

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Email.....swingtreasurer25@yahoo.com

**Secretary**

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Email.....getupanddanceml@yahoo.com

**Publicity Director**

**Olga Lopez**.....619-261-5572  
Email.....olgalopez1958@yahoo.com

**Past President**

**Ann Taylor**.....619-447-8506  
Email.....aftaylor7939@cox.net

**Appointed Board****Music Supervisor**

**Declan Cordova**.....415-652-6069  
Email.....Declan.cordova@gmail.com

**Librarian**

**TBA**

**Parliamentarian**

**TBA**

**Sergeants-at-Arms**

**TBA**

**Members-at-Large****Webmaster**

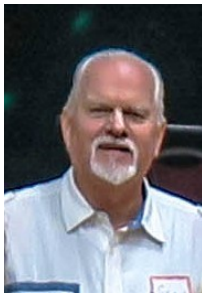
**Mike Lock**.....lock.mike53@gmail.com

**BOARD OF DIRECTORS MEETINGS  
NEXT MEETING IS:  
TBA**

Location: Dance Headquarters  
5035 Shawline St  
San Diego, CA 92111

All members welcome.

If you wish to address the Board you must be on the agenda one week prior to the meeting. Members may approach any of the Executive Board members to be placed on the agenda.

**A Few Words From Our President**

Hello from your President.

The San Diego Swing Dance Club is doing very well. New members coming in every week.

I have been visiting our competition. Mainly Tio Leos, downtown café called the Renegade and the Aquarius San Diego. None have what we have here!

Thank you Dave Rudgers for great Lessons.

Now I am looking forward to the Hustle Lesson from Bob and Suzie Avila

Your President,

Craig P. Helm Sr.

P.S. : I now picture Diane Harvey as an Angel.

**September**

01 John Bowman  
01 Gloria Mellizo  
01 Carmen Garcia  
01 Connie Muther  
03 Jim Schaeffer  
04 Dave Belden  
07 Michel Summitt  
07 Mitchel Summers  
08 Olga Aceshin  
08 Art Gallo  
13 David Finegold  
15 Robert Palladino  
17 Joseph Patton  
23 Bob Burns  
24 Karen Ribby  
24 Gerrie Woo  
25 Garry Bowman  
27 D.D. Barrios  
27 James Bound  
29 Margaret Fazio

**October**

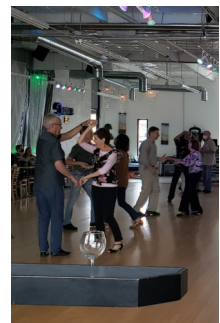
03 Geri Foster  
04 Jim Mazzeo  
04 Tamara Teixeira  
07 Lois Dillman  
09 Elsie Fischer-Tong  
09 Elizabeth Vanoosbree  
10 Roly Custodio  
11 Karl McArthur  
12 Rosamond Blevins  
13 Bunny Heck  
19 David Sheffield  
19 Philip B. Spigner  
19 Gus Steendam  
20 Brenda Welch  
23 Clark Caldwell  
23 Diana Foss  
25 Diane Alexander  
25 Jeannette Anderson  
28 Ann Taylor  
29 Risa Goldberg



**If you have changed your phone number or email address in the last few months please provide us with your up-dated information for our records.**  
**\*Let us know if you would like to receive your newsletter by email\***



**Mark Pablo's Intermediate WCS Class  
on July 25th was Great!**



**Members**



**Having Fun**





PO Box 1954  
Bonita, CA 91908-1954



A Proud Member



Through the National FastDance Assn.,  
our dance club activities are licensed by:



#### About SDSDC:

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of *Swing Times* newsletter. Club colors are red, white and blue and the first Sunday of each month is red, white and blue day. If you haven't been to the Club dances in a while, stop by soon so you can continue to enjoy the dancing, fun, and friendliness that makes SDSDC so special.

See "Swing Times" in color!  
[www.sandiegoswingdance.com](http://www.sandiegoswingdance.com)

### The San Diego Swing Dance Club Inc.

The SDSDC meets on Sunday afternoon and is open to the general public. You may come with or without a partner. Admission is \$10.00 for members, and \$15.00 for non-members. 1st Sunday is a free Lesson in a Non-WCS dance. Mid-month Sundays are free WCS lessons. Last Sundays we have an intermediate workshop. (Lesson and workshop Schedule subject to change. Lesson is always prior to regular dance.)

(See Flyers posted of workshops for further information)

Classes: Sunday - Beginners . . . . . 1:30 - 2:30 P.M.

Dances: Sunday . . . . . 2:30 - 5:00 P.M.

Dance Headquarters  
5035 Shawline St.  
San Diego, CA 92111

SEE WEBSITE FOR  
MAP & DIRECTIONS  
[www.sandiegoswingdance.com](http://www.sandiegoswingdance.com)

**HOTLINE PHONE (858) 274-6422**

### Membership Application

To join the San Diego Swing Dance Club  
Complete the information below and mail to:  
San Diego Swing Dance Club Inc.  
P.O. Box 1954, Bonita, CA 91908-1954

☐ New member . . . . . \$35  
☐ Renewal . . . . . \$35

Date \_\_\_\_\_  
Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Birth date (month/day) \_\_\_\_\_  
Email \_\_\_\_\_  
Newsletter: ☐ USPS ☐ email  
How did you find us \_\_\_\_\_