Swing Times



January 2022

A Publication of the San Diego Swing Dance Club which was established on May 10, 1970 by Paul Benton

Happy New Year



January Dance Instructor Bob & Suzie Avila

Our Monthly New Dance on Jan 2nd will be the Cha Cha with Bob Avila as your Instructor and Suzie Avila as his assistant. Jan 9th, 16, & 23rd, Bob will be the basic WCS Dance Instructor. Upon moving to California Bob became very successful in local dance

contests and was encouraged to be a dance Instructor.

Bob first taught at McVitties where he received extensive "teacher" training. While at McVitties, Bob mastered the Bronze and Silver level of dancing. Later he taught a new popular dance called "The Hustle" at various night clubs.

After passing the "Gold level" of dancing, Bob became an instructor of only dance teachers. Various studios would utilize Bob to train their teachers the art of "becoming a dance instructor" They had to have already passed their dance levels. One of Bob's favorite dances became the West Coast Swing.

The mastering of multiple dances has enabled Bob and Suzie to incorporate other dance moves into the West Coast Swing causing it to be an exceptional dance, requiring the least effort on the dance floor.



Shawn Torgerson Intermediate Workshop

WSC Instructor Jan 30th

Shawn opened the studio Dance For 2, now better known as San Diego's,

Dance Headquarters in 2005. At that time it was just the top floor of the American Legion in Linda Vista. The room was small but, was the start of what is now one of the largest dance studios in San Diego at 7,700 square feet and features what he feels is the best of the best in staff, students, flooring, sound, lighting, and location. While able to teach with high proficiency a multitude of styles his specialty is club dances and uses his background in hip hop and breakdancing to create unique and cool pattern combinations that can be used in partner social dancing. Teaching in San Diego since 1994, he has a true mastery of dance and how to make it fun and enjoyable during the learning process. Shawn's absolute favorite is WCS which is the dance that brought him to San Diego.

Our club is excited to have the following new members: Peggy Shoval, Ron Dunsmore, and Sheree Willis

Coming events in and around the San Diego Swing Dance Club

Join us every Sunday afternoon promptly at 1:30 pm for a dance lesson, followed at 2:30 pm by open dancing until 5:00 pm

January 2nd: Instructor Bob Avila, Beginning Cha Cha January 9th: Instructor Bob Avila, Beginning WCS January 16th: Instructor Bob Avila, Beginning WCS January 23rd: Instructor Bob Avila, Beginning WCS

January 30th: Intermediate WCS workshop Instructor Shawn Torgerson

First Sunday of the month we will teach another dance. This month it will be the "Cha Cha" January 2022 Page 2

SAN DIEGO SWING DANCE CLUB, INC. BOARD OF DIRECTORS 2021-2022 Executive Board

President
Craig Helm619-601-1659
Emailcraigswingdance@yahoo.com
Vice President
Jose Hernandez858-222-4792
Emailhernandez4487@att.net
Membership
Angie Gonzalez619-470-4824
Emailjajozar1@gmail.com
Treasurer
Garry Bowman 619-300-4678
Emailswingtreasurer25@yahoo.com
Secretary
Chris Leavy619-913-9513
EmailcjanedL@gmail.com
Newsletter Editor
Bob Avila 619-890-4482
Emailsandiegoswingdanceclub@gmail.com
Activity Director
Ann Taylor619-694-8263
Emailaftaylor7939@gmail.com
Dance Director
Mary Manzella
Emailmarymanzella8@gmail.com
Hospitality Director Maria Tee619-838-9772
Email:getupanddanceml@yahoo.com
Publicity Director
Olga Lopez
Emailolgalopez1958@yahoo.com
Past President
Ann Taylor
Emailaftaylor7939@gmail.com
Appointed by the Board
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Declan Cordova415-652-6069
EmailDeclan.cordova@gmail.com
Librarian
TBA
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Sergeants-at-Arms TBA
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Webmaster
Mike Locklock.mike53@gmail.com

BOARD OF DIRECTORS MEETINGS NEXT MEETING IS: TBA

Location: Dance Headquarters 5035 Shawline St San Diego, CA 92111

All members welcome.

If you wish to address the Board you must be on the agenda one week prior to the meeting.

Members may approach any of the Executive Board members to be placed on the agenda.

A Few Words From Our President



The San Diego Swing Dance Club had a wonderful December. The attendance is up! The Christmas dinner dance was a whopping success and another party is in the planning stages. Larry Armstrong and Meridith did a great job with their lessons. They were well prepared and well presented.

Parker Dearborn gave an excellent advanced WCS lesson, which was well attended. He also presented some fun smooth moves during his class.

Thanksgiving and Christmas are history again, with all the emotion and excitement that goes with them. We all have a lot to be thankful for!

It is hard for me to believe that 2021 is gone and we are dealing with 2022. We all need to help promote our Swing Dance Club. Invite someone or bring someone new in as your guest. Remember: It's your club!

Sincerely, Craig Helm

January **February** 01 Craig Helm 01 Larry Grogan 01 John Hilard 03 Barbara Lytle 01 Mary Miller 10 Jose Hernandez 01 Mike Sumitt 10 Harvey Clark Happy 11 Kathy Skube 04 Sheree Willis 12 Jackie Greenlee 06 Liz Dielke **Birthday** 07 Carmen Burgess 13 Elayne Summers 10 King Goulet 13 Evie Encarnacion **Wishes** 11 Dan Harrison 14 Alba Stanfill 11 Olga Lopez 14 Mercy Gallus 18 Cristina Versasi 15 Bob Avila 18 Mei Zavala 15 Gail Gosser 21 Ron Dunsmore 16 Angeley Gonzalez 21 Jody Kravitz 20 Jack Staudte 23 Peggy Shoval 21 Vera Crist 26 Linda Schaeffer 21 Maureen MacKenzie 31 Dick Butler 22 Kathi Colvin 24 Hiromi Trofigruber 24 Hiromi Sugita 24 Joyce Bartos 24 Jamie Boyer 26 Mary Vannoy 27 Lou Grande 28 Peggy Fults 29 Carla Funk

January 2022 Page 3



If you have changed your phone number or email address in the last few months please provide us with your up-dated information for our records.

Let us know if you would like to receive your newsletter by email





Christmas Dinner Dance "Huge Success"

































PO Box 1954 Bonita, CA 91908-1954





Through the National FastDance Assn., our dance club activities are licensed by:







About SDSDC:

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of Swing Times newsletter. If you haven't been to the Club dances in a while, stop by soon so you can continue to enjoy the dancing, fun, and friendliness that makes SDSDC so special. SDSDC member: Sponsor a local resident as your guest and your guest attends his first visit free. Sponsored guest must be accompanied by a member.

The San Diego Swing Dance Club Inc.

The SDSDC meets on Sunday afternoon and is open to the general public. You may come with or without a partner. Admission is \$10.00 for members, and \$15.00 for non-members. 1st Sunday is a free Lesson in a Non-WCS dance. Mid-month Sundays are free WCS lessons. Last Sundays we have an intermediate workshop. (Lesson and workshop Schedule subject to change. Lesson is always prior to regular dance.)

(See Flyers posted of workshops for further information)

Classes: Sunday - Beginners 1:30 - 2:30 P.M. Dances: Sunday 2:30 - 5:00 P.M.

Dance Headquarters SEE WEBSITE FOR 5035 Shawline St. MAP & DIRECTIONS www.sandiegoswingdance.com

HOTLINE PHONE (858) 274-6422

See "Swing Times" in color! www.sandiegoswingdance.com

Membership Application

To join the San Diego Swing Dance Club Complete the information below and mail to: San Diego Swing Dance Club Inc. P.O. Box 1954, Bonita, CA 91908-1954

P.O. Box 1954, Bonita, CA 91908-1954
□ New member
Date
Name
Address
City
State Zip
Phone
Birth date (month/day)
Email
Newsletter: email
How did you find us