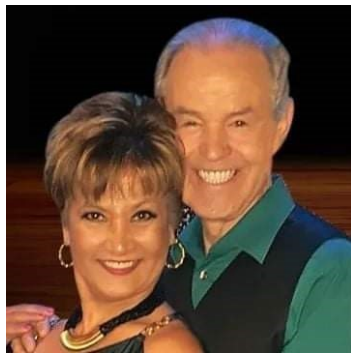


# Swing Times



July 2022

**A Publication of the San Diego Swing Dance Club which was established  
on May 10, 1970 by Paul Benton**



## **Dance Instructors for July Maria and Larry**

The Cha Cha is considered one of the most popular dances today, we're given opportunities to enjoy it at almost all social dance venues. It is fun and easy to learn and guaranteed to bring a lifetime of happy memories. So be sure to join Maria and Larry the first week in July as they will be bringing us one of their favorite dances, the Cha Cha. All classes are included in price of admission. Beginning the month with Cha Cha, their next lesson will be intermediate and advanced West Coast Swing.

Now a little background on our July dance teachers: Maria Tee has been a fitness/dance enthusiast, since the age of 13 studying ballet & later adding Polynesian dancing, even karate. She was even a pearl diver at Sea World when she was 19 years old!

For 20 years, Maria taught aerobics where she met marathon runner/dancer and then husband of 26 years, Larry Clendenin.

For 15 years, until recently, Maria and Larry taught ballroom, salsa & swing (BSS) at Georgia's School Of Dance in Escondido.

Prior to Georgia's, Maria learned & taught BSS at Arthur Murray's.

Maria & Larry are enjoying their active retirement years. (Road trips, dance hosting at parties, teaching & dancing! Their Business Card Says It All! GETUPAND-DANCEML@YAHOO.COM

## **A Few Words From our Activities Director Mary**



Hi Dancers,  
As your new Activity Director, new and fun activities are being planned by myself and the Board to enhance your enjoyment on Sundays at the SDSDC. The first addition will be to celebrate member birthdays on the first Sunday of each month. If you are a July baby, as I am, you and a first time guest will get into the dance for FREE! You will also be celebrated on this day. No worries, you will not be required to reveal your age. LOL

As you know, our Club's colors are red, white, and blue, we encourage all attendees to wear these colors on the first Sunday of the month. Your name will be put in the drawing. If your name is drawn, you will receive a free pass to any Sunday dance. Such a deal!

Next Sunday is the 4th of July weekend, it is very appropriate time to begin this custom. Can't wait to see you on the dance floor!

P.S. Every dance is a ladies choice.  
Mary Manzella



**Attention! Our Club is in urgent need of a webmaster! If you have experience and could volunteer a little of you time, please contact one of the members on the board.**



## **Coming events in and around the San Diego Swing Dance Club**

Join us every Sunday afternoon promptly at 1:30PM for a dance lesson,  
followed at 2:30PM by open dancing until 5:00PM

July 3rd, Wear Red, White, & Blue

July 3rd: Cha Cha Instructor: Maria Tee and Larry Clendenin

July 10th : West Coast Swing Instructor: Maria and Larry

July 17th: West Coast Swing Instructor: Maria and Larry

July 24th: West Coast Swing Instructor: Maria and Larry

July 31st: End of month Workshop Instructor: TBD

**First Sunday of the month  
we will teach another  
dance. This month it will  
be the "Cha Cha"**

**SAN DIEGO SWING DANCE CLUB, INC.  
BOARD OF DIRECTORS  
2022-2023  
Executive Board**

**President****Vinh Mines**

Email.....vinmines@gmail.com

**Vice President****Larry Clendenin**

Email.....larryclen@yahoo.com

**Membership****Angie Gonzalez**

Email.....jajozar1@gmail.com

**Treasurer****Garry Bowman**

Email.....swingtreasurer25@yahoo.com

**Secretary****Chris Leavy**

Email.....cjanedL@gmail.com

**Newsletter Editor****Richard Smith**

Email.....iutilitarian@yahoo.com

**Activity Director****Mary Manzella**

Email.....marymanzella8@gmail.com

**Dance Director****Merideth Anderson**

Email.....meredith.anderson@sbcglobal.net

**Hospitality Director****Maria Tee**

Email.....getupanddanceml@yahoo.com

**Publicity Director****Olga Lopez**

Email.....olgalopez1958@yahoo.com

**Past President****Craig Helm**

Email.....craigswingdance@yahoo.com

**Appointed by the Board****Music Supervisor****TBA****Librarian****TBA****Parliamentarian****TBA****Sergeants-at-Arms****TBA****Members-at-Large****TBA****Webmaster**

Mike Lock.....lock.mike53@gmail.com

**BOARD OF DIRECTORS MEETINGS  
NEXT MEETING IS:  
Jul 3rd: 12:30 pm**

Location: Dance Headquarters  
5035 Shawline St  
San Diego, CA 92111

All members welcome.

If you wish to address the Board you must be on the agenda one week prior to the meeting. Members may approach any of the Executive Board members to be placed on the agenda.



**A Few Words from Our  
President**

Can you believe that we're already halfway through 2022? Now that we have a new executive board, you will start seeing changes in the upcoming months that will enhance your dance experience at the SDSDC. Stay tuned for the announcements. We welcome any ideas that you have, please reach out to one of our board members. This

is a members driven dance club and we can't do it without you, so don't forget to invite your friends. Thank you to everyone that has been there to support our club throughout the years. I'm excited to be working with you to make SDSDC bigger, better and the best dance experience by far!

All of us on the board are wishing everyone a safe and happy 4<sup>th</sup> of July.

Sincerely, Vinh Mines

**Our Club is excited to welcome the following new members:**

**Cathy Lesnick, Ron Huber, Kate McGee, Christann Heidman, Transpolo Heidman, John Barck, and Linda Gu**

**If you have changed your phone number or email address in the last few months please provide us with your up-dated information for our records.**

**\*Let us know if you would like to receive your newsletter by email\***

**July**

06 Arturo Rodriguez  
10 Gary Hincman  
11 Dianna Gilmore  
11 Benjamin Woods  
11 Kate Friedman  
16 Katherine Cannon  
19 Linda Maize  
22 Mary Manzella  
23 Margie Stroud  
25 Frank Costa  
26 Chunjai Clarkson  
31 Grainne Whitnan

**August**

03 JoseDeLuna  
06 Jon Wright  
10 Valerie McPherson  
16 Larry Armstrong  
17 PamivashLaRocca  
18 Charlie Bird  
20 Sylvia Nielsen

### Our June Dance Instructor Larry Armstrong

Larry Armstrong as Instructor and Meredith Anderson his assistant brought us our June 5 Country Two Step lesson. Immediately following the lesson, we were able to try out our new skills on the floor:



The second and third week Larry taught us some of his favorite WCS techniques, and we finished the month with a special intermediate WCS workshop by the popular Parker Dearborn.



Dancing is a uniquely human activity. We dance for fun, to express ourselves, at times even to foster romance. Dance is both an high art form and a cultural experience that all can enjoy. Its universal appeal explains in part why we dance and reach out to friends and family to join us in the wonderful experience. Share the news of what you've found and lets grow our happy dance family!

### A Few Words About Our DJ's



Vinh Mines and Jody Kravitz, our DJs are responsible for playing songs that are both entertaining and instrumental in moving us dancers on to the floor. The music selected is drawn from an enormous collection of available songs that suit our particular preferences from a given genre for a particular dance. Our DJs take their cues from past experience -which in our case is a combination of upwards of forty years between the two of them - and welcome requests and suggestions from club members. These guys, in a literal sense, set the tone for our club, and with your help, we've succeeded in making SDSDC the standard for social dance club excellence.



If you would like to hear a particular song or propose a comment, its best to provide it in written form, as we all have personal tastes and requests cannot usually be satisfied immediately, as we'd of course like.

Vinh and Jody alternate the sound both weekly with Vinh taking even and Jody odd weeks.





P.O. Box 923  
El Cajon, CA 92022

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### The passing of two dear friends of SDSDC

"We are very sorry to tell you we have lost two long-time members, Jim and Jan Gleason.



They joined the Club in the 1980's. They loved our Club and did a lot to be part of it. Jim was President a couple of times and Jan was on the board for activities. She made snacks every Sunday and baked a birthday cake on the first of every month. She also made all of the decorations for each event.

Jan passed away on November 8, 2021 and Jim passed away May 18, 2022. They will be missed forever."

If you knew Jim and Jan Gleason and would like to pay your respects to the family, please contact Ann Taylor at 619-447-8506

or email her at [aftaylor7939@cox.net](mailto:aftaylor7939@cox.net)

#### About SDSDC:

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of *Swing Times* newsletter. Club colors are red, white and blue and the first Sunday of each month is red, white and blue day. Wear the Club colors and be entered into a drawing for a free admission pass. If you haven't been to the Club dances in a while, stop by soon so you can continue to enjoy the dancing, fun, and friendliness that makes SDSDC so special. **One free admission to first-timers to the club, let them know at the door.**

### The San Diego Swing Dance Club Inc.

The SDSDC meets on Sunday afternoon and is open to the general public. You may come with or without a partner. Admission is \$10.00 for members, and \$15.00 for non-members. 1st Sunday is a free Lesson in a Non-WCS dance. Mid-month Sundays are free WCS lessons. Last Sundays we have an intermediate workshop. (Lesson and workshop Schedule subject to change. Lesson is always prior to regular dance.)

(See Flyers posted of workshops for further information)

Classes: Sunday - Beginners . . . . . 1:30 - 2:30 P.M.

Dances: Sunday . . . . . 2:30 - 5:00 P.M.

Dance Headquarters  
5035 Shawline St.  
San Diego, CA 92111

SEE WEBSITE FOR  
MAP & DIRECTIONS  
[www.sandiegoswingdance.com](http://www.sandiegoswingdance.com)

**HOTLINE PHONE (858) 274-6422**

See "Swing Times" in color!  
[www.sandiegoswingdance.com](http://www.sandiegoswingdance.com)



### Membership Application

To join the San Diego Swing Dance Club  
Complete the information below and mail to:  
San Diego Swing Dance Club Inc.  
P.O. Box 923, El Cajon, CA 92022

- ☐ New member . . . . . \$35  
☐ Newsletter subscription only . . . \$15  
☐ Renewal . . . . . \$35  
☐ Contact change . . . . . no charge

Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Birth date (month/day) \_\_\_\_\_

Email \_\_\_\_\_

Newsletter: ☐ USPS ☐ email

How did you find us \_\_\_\_\_