

# Swing Times



March 2023

**A Publication of the San Diego Swing Dance Club which was established  
on May 10, 1970 by Paul Benton**

## Our March Dance Instructors

**Larry Armstrong and Meredith Anderson** are teaching Nightclub



Two Step for our first dance of the month. This wonderful, easy to learn partner dance was initially developed by Buddy Schummer in the mid-1960, and has become today one of the most popular social dance styles. It is most frequently danced to mid-tempo ballads like *Lady in Red*, has four-four timing, and a characteristic quick-quick-slow beat.

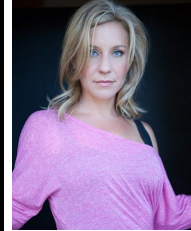
The second and third week Larry and Meredith will be teaching our West Coast Swing lessons. Though West Coast Swing is a constantly evolving dance, going through many changes throughout its short history, and incorporating techniques from numerous dance styles, it still has definite guidelines that should be followed to maintain the true character of the dance. Larry believes in the importance of developing these solid basic characteristics in all his classes, yet also delights in constantly introducing new and innovative styling keeping classes fun and exciting for new and experienced dancers. Larry is a PDIA certified West Coast Swing instructor and has been dancing for over 20 years. Although he enjoys many dances, his favorite remains WCS because "it allows so much freedom, creativity, and interpretation of the music."

**Meredith** has been a member of SDSDC for around 30 years. She is one of our most valued and accomplished members and dancers



Meredith began her dance training at 23, giving her adequate time to develop proficiency in numerous dance styles including West Coast Swing, Nightclub Two-Step, Country-Western Two-Step, Argentine Tango, and many others. Meredith is a frequent assistant for our regular Sunday dance instruction.

**Brandi Guild** will be our celebrity dance teacher for the final Sunday of the month. Brandi is a world-renowned dancer, teacher, coach, and choreographer. She is known as one of the top technicians in the world specializing in West Coast Swing.



But dancing was not a part of Brandi's early life. Beginning at age 5, softball was her focus. It paid off, as she was awarded a full athletic scholarship to pitch for Marshall University. After making it to the final round of trials for the US Olympic team, Brandi was ready for the next chapter in her life.

Dancing happened by accident. A move to Las Vegas and a night out at a county/western club with her sister, Brandi found what she was meant to do. After joining a dance team, she took the bold step of moving to Michigan to pursue her first professional dance partnership. Less than 2 years later, she won her first world championship.

Brandi holds titles in Country/Western, International 10 Dance, and West Coast Swing, however, it is West Coast Swing that has captured her heart. An active competitor, she travels the globe teaching, judging, and performing.



**Remember to invite** your non-dancing friends to our introduction to West Coast Swing classes held simultaneously in the adjoining room to our large auditorium. The classes are free with admission and provide top quality instruction from well staffed experienced teachers. However, there will be no concurrent introductory WCS class on the 4th Sunday this month.

## Upcoming events at the San Diego Swing Dance Club

Join us every Sunday afternoon promptly at 1:30pm for a WCS or other type dance lesson, followed at 2:30pm by open dancing until 5:00pm

March: 5th	Nightclub two Step	Instructors	Larry & Meredith
March 12th:	West Coast Swing	Instructors	Larry & Meredith
March 19th:	West Coast Swing	Instructors	Larry & Meredith
March 26th:	West Coast Swing	Instructor	Brandi Guild

**First Sunday of the month we will normally teach another dance. This month it will be the Nightclub two Step.**

**SAN DIEGO SWING DANCE CLUB, INC.  
BOARD OF DIRECTORS  
2022-2023  
Executive Board**

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**Craig Helm**

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**TBA**

**Librarian**

**TBA**

**Parliamentarian**

**TBA**

**Sergeants-at-Arms**

**TBA**

**Members-at-Large**

**TBA**

**Webmaster**

**Jody Kravitz.....Jody.kravitz@gmail.com**

**BOARD OF DIRECTORS MEETINGS**

**NEXT MEETINGS ARE:**

**March 19th: 12:30 pm**

**April 23ed: 12:30 pm**

**Location: Dance Headquarters**

5035 Shawline St  
San Diego, CA 92111

**All members welcome.**

If you wish to address the Board you must be on the agenda one week prior to the meeting. Members may approach any of the Executive Board members to be placed on the agenda.

**A Few Words From Our President Vinh**



Hello SDSDC Members,

Spring is in the air!!! Thank you all for contributing to a spectacular Winter Season. We had tremendous growth during Winter with a record attendance of 145 dancers for our last dance of 2022. We had an amazing Holiday party and an impressive Superbowl/ Valentine's Potluck. Those were just some highlights, but every week was a special day for someone.

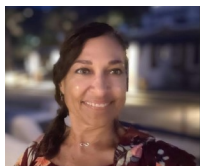
Each Sunday at the San Diego Swing Dance Club, someone is learning to dance for the first time, returning to dance after a long hiatus, and feeling joy and love after a tough week, month, or even year. Sometimes, we forget that the things we do in our lives can have a significant impact on another person. The smiles on their face are not masks, but genuinely from their hearts. Your attendance contributes to a world of smiles.

We are already planning more sensational events for you and can use volunteers in various different roles. Volunteers are a crucial part of our events, please consider volunteering for one of our upcoming events. On behalf of the SDSDC Board I thank every volunteer that has participated in helping the club grow, your passion shows and is greatly appreciated by all those around you.

Thank you for the Inspiration,

Vinh Mines --

**Angie Gonzalez, our Club's Membership Coordinator**



Welcome New and Renewal Members:

Ji Kenworthy, John Croft, Rebecca Lane, Martha Lane, Marilyn Lutheran, Beth Bloomfield, Shiyuan Cheng, Vicki Orourke, Cat Gautieri, Parker Anderson, Gail Malone, Debra Kelley, Parviz Kamiab, Andrea Sorrentino, Shui Kung, Carolyn Mein, Frank Solimine, Robert Cuarnotta.

When you become a member, we add you to our membership list and it automatically generates a welcome letter. The same applies when you renew your membership.

If you do not receive an email letter from us welcoming you to the club, it is because we do not have your email address or your membership application has not been processed. Please stop by the front desk to share your email address so that we can keep you informed. Thank you for joining our club.

- Angely Gonzalez

**FROM YOUR ACTIVITIES DIRECTOR MARY**

Hi SDSDC dancers and guests!



We are on a roll. We have had some wonderful parties this year! Thank You to all the wonderful volunteers who have helped to make this happen. A big thank you to Kathy Stevenson who gave us a wonderful festive atmosphere with her Valentine decorations. Kudos also to the "first responders" who volunteered to set up at 12:00. They include Kathy, Coralyn Pierce, Larry, our VP, Maria, Hospitality Director, Richard Ernst, dedicated member. Also big thanks to Jon Kraus for the fabulous display of team banners in honor of the World Series. A big thank you to all the others who pitched in as the day progressed. I am so grateful to all of you.

March brings its own festivities. St. Patrick's Day is March 12th! A great time to honor our Irish friends by "wearin of the green" on that Sunday!

Have a wonderful dancing March with the SDSDC!

Mary

Your Activities Director

## March & April Birthdays

### March

02 Paul Heredia  
02 Garry Schaeffer  
05 Dennis Keith  
07 Susan David  
12 Bob Hauer  
18 Cathy Lesnick  
19 Mark Long  
20 Julie Harper  
20 Dennis Selich  
22 Rowena Dorsey  
23 Keith Fuller  
27 Elliot Gersh  
27 Roger Reynolds  
29 David Rudgers

### April

01 Rich Ernst  
03 Mike Lock  
03 Michael Biggane  
08 Cliff Tabadisto  
08 Parviz Kamiab  
09 Gail Fuller  
11 Bernie Fendrick  
12 Joan Wapner  
17 Lloyd Lickert  
20 Christina Dupont  
21 Lon Clement  
21 Reenie Assa  
27 Belinda Aurther  
27 Ette McQuealy  
29 Doug Faber



## February was Awsome!



We started off the month with a fantastic lesson taught by Maria and Larry, within moments the large class was gracefully moving across the floor with confidence and ease.



Margie Adams and David Walkup were our West Coast Swing Master dance instructors (terpsichoreans) which completed the month of February's lessons.



Vinh Mines, our club president and accomplished WCS dancer, continued his well-attended fundamentals classes designed to strengthen dancer's essentials, and give confidence to move forward when encountering lessons of a more difficult level.

For those of you fortunate enough to have enjoyed Margie and David, Larry and Marie's, and Vinh's classes, you have most certainly improved demonstrably. The evidence of this is obvious as one scans our dance floor on Sunday afternoons.



February 12 was huge for our SDSDC as we had 110 Dancers at our Super Bowl - Valentines Day Party which included an enormously delicious pot luck, big screen TV's to watch the game, and continuous dancing from 1:30 to 8:00 PM, all with not a single member not having one of their most joy filled days had in recent memory... or since our last grand party.



PO Box 1954  
Bonita, CA 91908-1954

#### About SDSDC:

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of *Swing Times* newsletter. If you haven't been to the Club dances in a while, stop by soon so you can continue to enjoy the dancing, fun, and friendliness that makes SDSDC so special.

### The San Diego Swing Dance Club Inc.

The SDSDC meets on Sunday afternoon and is open to the general public. You may come with or without a partner. Admission is \$10.00 for members, and \$15.00 for non- members. 1st Sunday is a free Lesson in a Non-WCS dance. Mid-month Sundays are free WCS lessons.

The 4th Sunday, we have an intermediate workshop. (Lesson and workshop Schedule is subject to change. Lesson is always prior to regular dance.)

(See Flyers posted of workshops for further information)

Classes: Sunday - . . . . . 1:30 - 2:30 P.M.

Dances: Sunday . . . . . 2:30 - 5:00 P.M.

Dance Headquarters  
5035 Shawline St.  
San Diego, CA 92111

SEE WEBSITE FOR  
MAP & DIRECTIONS  
[www.sandiegoswingdance.com](http://www.sandiegoswingdance.com)

**HOTLINE PHONE (858) 274-6422**

### Membership Application

To join the San Diego Swing Dance Club  
Complete the information below and mail to:  
San Diego Swing Dance Club Inc.  
P.O. Box 1954, Bonita, CA 91908-1954

☐ New member . . . . . \$35  
☐ Renewal . . . . . \$35

Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Birth date (month/day) \_\_\_\_\_

Email \_\_\_\_\_

Newsletter: ☐ email

How did you find us \_\_\_\_\_