

Swing Times



August 2023
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**A Publication of the San Diego Swing Dance Club which was established
on May 10, 1970 by Paul Benton**

From Our President Vinh Mines



Dear Swing Dance Enthusiasts,
We hope this newsletter finds you in good spirits and high on the joys of swing dancing! July has been an absolutely phenomenal month for the San Diego Swing Dance Club, and we are thrilled to share the exciting news with you.

Record-Breaking July Attendance: We are delighted to announce that the month of July saw record-breaking attendance at the San Diego Swing Dance Club! Thanks to your unwavering enthusiasm and love for swing, our dance floor was packed every afternoon with happy faces and passionate dancers. Your continued support and participation have made our community even stronger, and we are grateful for each and every one of you!

Summer is in full swing, and we've got some exciting updates and events lined up for you this August! We hope you're ready to dance the night away and create unforgettable memories with us. So, grab your dance shoes, put on your best smile, and let's make this a month to remember!

Membership Benefits: If you haven't already become a member of the San Diego Swing Dance Club, now is the perfect time to join!

Please Welcome our New Members

Anastasia Belen
Barbara Lovejoy
Chris Tan
Clay Dunsmore
Debora Elias

Janeen Johnson
Mary Hill
Michiko Lindsey
Rosanne Lashgari

As a member, you'll enjoy exclusive benefits, including discounted admission to our weekly dances and our bi-yearly gala (Holiday Party & Anniversary Party).

As always, thank you for being part of the San Diego Swing Dance Club. We're beyond grateful for the joy and energy you bring to every event. Let's make this August an unforgettable month of swing dancing fun! See you on the dance floor!

Swingingly yours,

Vinh Mines
President, San Diego Swing Dance Club



Guitarist Steve Willcox tunes up before the first set with Mercedes Moore on July 30. The music was a great fit for our dancing.

Upcoming events at the San Diego Swing Dance Club

Join us every Sunday afternoon. Lesson(s) promptly at 1:30, Dance at 2:30

Aug 6 Large Ballroom	Vanessa Williams teaches Waltz	No Intro Class This Day
Aug 13 Large Ballroom	Vinh Mines teaches WCS	Small Ballroom: Intro to WCS
Aug 20 Large Ballroom	Vinh Mines teaches WCS	Small Ballroom: Intro to WCS
Aug 27 Large Ballroom	Parker Dearborn and Melissa Rutz	— Special WCS Workshop — no Intro to WCS

From Our Dance Director Meredith Anderson



As we step into the hot and happening month of August, we have some extraordinary talent lined up for you. Get ready to elevate your swing dance skills with our incredible Professional Instructors:

August 6th

Join us for an enchanting afternoon of ballroom magic as we welcome the talented Vanessa Williams to our San Diego Swing Dance Club for an exclusive Waltz Workshop!



Vanessa's passion for ballroom dancing has been unwavering for over 20 years, tracing back to her roots in the Amateur International Standard division in New Zealand. After making her mark in the dance world, she embraced a new chapter in the United States, where she honed her skills in the American dance styles at a renowned Pennsylvania studio. Her move to sunny San Diego in 2005 opened up doors for her to share her boundless joy of dance with students of all ages and abilities. Vanessa is a versatile instructor, adept at teaching social and wedding dances while also nurturing her students to compete in Pro-Am competitions. As a member of the esteemed ProDVIDA Professional Teacher Organization, Vanessa has earned her stripes in the dance world. She holds professional certifications in both American Smooth and Rhythm, as well as International Standard, making her a true authority in the art of ballroom dance.

Don't miss this golden opportunity to learn from one of the finest instructors in the ballroom dance community. Whether you're a seasoned dancer or a complete beginner, Vanessa's warm and inclusive teaching approach guarantees a delightful learning experience for everyone.

August Birthdays

05 Marilyn Lutheran	19 Tom Mountain
06 Jon Wright	20 Marina Davidovskaya
08 Bob Carter	20 Sylvia Nielsen
08 John Barck	20 Taylor Frederking
09 Clay Dunsmore	21 Robert Cuarnotta
09 Rita Crosby	22 Dale Crist
11 Carol Sedlacek	24 Edward Rodriguez
15 Ione Bauman	24 Rita Haverkamp
16 Larry Armstrong	25 Barbara Carter-Moore
18 Cat Gautieri	29 Dorcas Hermsmeier
18 Charlie Bird	

HAPPY BIRTHDAY !

The club will provide a cake and supplies to celebrate birthdays on the 1st Sunday of the month.

August 13th & 20th

Are you ready to take your West Coast Swing skills to the next level? We've got fantastic news for you! The San Diego Swing Dance Club proudly presents a workshop led by none other than our very own President and resident DJ – Vinh Mines.

Whether you're a seasoned dancer or just getting started, this workshop promises to be an unforgettable experience filled with fun, learning, and new connections! Get ready to elevate your West Coast Swing skills and have a blast.

August 27th

Attention all ambitious souls and eager learners! Brace yourselves for an awe-inspiring journey as we proudly present an unparalleled event that will leave you empowered, enlightened, and forever transformed! Introducing the US Open West Coast Swing Champions: Parker Dearborn and Melissa Rutz!



Parker Dearborn, the reigning US Open West Coast Swing Champion, is known for his mesmerizing style, flawless technique, and innovative choreography. With years of teaching experience, Parker's passion for dance shines through as he effortlessly guides dancers to new heights of skill and artistry. He's excited to share his expertise with YOU!

Joining Parker is the incredible Melissa Rutz, a multi-time US Open Swing Dance Champion and world-renowned dancer. Melissa's grace, precision, and infectious energy on the dance floor have made her an inspiration to countless dancers worldwide. Her workshops are a blend of creativity, musicality, and partnership, making every moment an absolute joy.

Get ready for an extraordinary dance experience as this dynamic duo takes center stage at the San Diego Swing Dance Club!

All events and classes will be held at Dance Headquarters, doors open at 1:00pm for registration/warm-up. Workshop from 1:30pm - 2:30pm, then we dance until 5:00 PM.

Please refer to our website or Facebook pages for further details and updates.

Meredith Anderson Dance Director

**SAN DIEGO SWING DANCE CLUB, INC.
BOARD OF DIRECTORS
2023-2024
Executive Board**

President.....Vinh Mines
Vice President Larry Armstrong
Membership Cristian Flores
Treasurer Garry Bowman
Secretary Liz Deilke
Newsletter Editor Jody Kravitz
Activity Director Taylor Frederking
Dance Director Meredith Anderson
Hospitality Director..... Larry Clendenin
Publicity Director..... Maria Tee
Past President.....Craig Helm

Appointed by the Board

Webmaster Jody Kravitz

Due to endless SPAM attacks, a single email address is now offered for contacting board members. This email box is checked regularly and forwarded to the correct member if it is not SPAM. You may address the entire board also using this address:

SDSDCBoard@sandiegoswingdance.com

**BOARD OF DIRECTORS MEETINGS
Generally on the 2nd Sunday of the
Month at Noon**

OUR NEXT MEETINGS ARE:

August 13th 12:00 pm
September 10th 12:00 pm

Location: Dance Headquarters
5035 Shawline St
San Diego, CA 92111

All members welcome.

If you wish to address the Board you must be on the agenda one week prior to the meeting. Members may approach any of the Executive Board members to be placed on the agenda.



**Happy Birthday 'G' — and thanks for
brining an EXTRA cake later in the
month! Now to dance it off! ;-)**

Swing Live!

The SDSDC Board has decided to have a band on the 5th Sunday on those months that have a 5th Sunday. Last Sunday, July 30, we had Mercedes Moore and her band, and an amazing attendance of 153 people. Mercedes is an accomplished dancer and dance instructor and knew just what to play for the group. It was a blast. The next "Swing Live" event will be October 29. Band TBA. Let us know if you'd like Mercedes back!



Mercedes (right) relaxing during the lesson, before the music started.

From Our Activities Director, Taylor Frederking



Travel Back in Time with Vintage California T-Shirt Day on August 13th!



Dust off those classic tees that embody the essence of California's golden eras, whether it's the '70s, '80s, or any iconic period, and join us for a day of retro fashion. Let your t-shirt narrate tales of nostalgia – palm trees, surfboards, old dance event swag – it's all welcome as we celebrate the timeless style that defines California. Immerse yourself in a sea of vintage flair and let's make August 13th a day of t-shirt time travel you won't want to miss!

Want to get involved with events and activities? We value your ideas and would love to hear them! Please find me on Sundays and share your thoughts, or feel free to drop a note in our suggestion box.

We are still on the search for members to join the Events Committee! If you'd like to join this fantastic team and contribute to one or all of the upcoming events, please let a board member know so we can get connected. We will ensure you're included and properly celebrated!

—Taylor



Thank you Maria Tee and Queen Bea for the photos of our friends and activities!



President Vinh Mines & Dance Director Meredith Anderson at the check-in desk.



A huge class on Sunday, July 30, with Larry Armstrong and Meredith Anderson teaching. There was also a introductory-track lesson in a second ballroom with a substantial number of dancers. Experienced dancers are welcome in the rotation in that class as their presence helps the newcomers learn faster.

We have positioned a "Suggestion Box" by the DJ's booth. This is your club, and we want to hear your opinions. If you have changed your phone number or email address in the last few months, please let Chris at the front desk know the your new contact information.

About SDSDC:

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of *Swing Times* newsletter. If you haven't been to the Club dances in a while, stop by soon so you can continue to enjoy the dancing, fun, and friendliness that makes SDSDC so special.

The San Diego Swing Dance Club Inc.

The SDSDC meets on Sunday afternoon and is open to the general public. **No Partner Needed!** Admission is \$10.00 for members and \$15.00 for non-members. Except on the 4th Sunday, lessons are free with paid admission to the dance. On the 4th Sunday, we have a special workshop before the dance for an additional charge. Mid-month Sundays have both Intro and Intermediate WCS lessons that are free with paid admission to the dance. Schedule is subject to change. Lesson is always prior to regular dance.)

(See Flyers posted and/or the website for further information)

Classes: Sunday - 1:30 - 2:30 P.M.

Dances: Sunday 2:30 - 5:00 P.M.

**Dance Headquarters
5035 Shawline St.
San Diego, CA 92111**

**SEE WEBSITE FOR
MAP & DIRECTIONS
www.sandiegoswingdance.com**

HOTLINE PHONE (858) 274-6422



PO Box 1954
Bonita, CA 91908-1954



Scan to access
the Website!

Membership Application

To join the San Diego Swing Dance Club
Complete the information below and mail to:

San Diego Swing Dance Club Inc.
P.O. Box 1954, Bonita, CA 91908-1954

Or bring the form and cash or check to the next
dance you attend.

- ☐ New member \$35
- ☐ Renewal \$35
- ☐ Info Update (Existing Member) Free

Date _____

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Birth date (month/day) _____

Email _____

Optional Emergency Contact:

Name _____

Phone _____

How did you find us _____