

SWING TIMES

A Publication of the San Diego Swing Dance Club



Swing Into Autumn with Us



I want to extend a heartfelt thank you to our dedicated members and volunteers for making our club such a special place. Your enthusiasm and passion for swing dancing are the heart and soul of our community.

I want to express how grateful I am for the support and camaraderie that make our club so special. Being part of this community has enriched my life in countless ways, and I know many of you feel the same. That's why I encourage everyone to get even more involved this season. Whether it's volunteering at events, helping out with setup, or simply spreading the word about our club, every bit of effort helps keep our community vibrant and thriving. If you're interested in getting more involved, we're always looking for volunteers to help out with various club activities

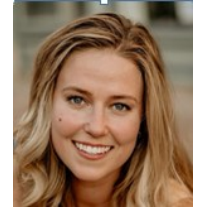
I'd also like to remind everyone to renew their memberships. Your support helps us continue to offer amazing events and classes.

This month, I encourage you to invite a friend to join us for an afternoon of dancing. Sharing the joy of swing with others is a wonderful way to grow our community and keep the swing spirit alive.

Let's make this autumn the most Swingin' season yet!

Vinh Mines
President

Hello SDSDC,



As we glide into the fall season, our calendar is packed with events that promise to keep the energy high and the dance floor buzzing! Whether you're ready to celebrate Labor Day with a patriotic flair, get spooky with some Halloween fun, or start dreaming about the holidays, we've got something special lined up for everyone.

September 1 – Labor Day Dance: We're celebrating Labor Day and birthdays with an ice cream social! Don your red, white, and blue!

October 27 – Halloween Potluck: Last year was "Swing Dead," but this year we're "Swing'n Alive!" Come in your best costume for a night of fun and compete in the costume contest!

November 23 – The SDSDC Holiday Party (Save the Date!): Theme to be determined. Stay tuned for more details!

If you'd like to join our amazing events committee (big shout out to Craig Helm, Lisa Simmons, Chau Mezher, Carla Funk, Terry Uchida, and Kathleen Stevenson) to brainstorm and help with various events and activities please don't hesitate to reach out to me directly. We're currently gathering ideas and taking votes for our upcoming Spirit of Aloha Day Dance or possibly another exciting new themed party! No bad ideas in a brainstorm—let's get creative together! Also, stay tuned for more details about our upcoming California Swing Dance Hall of Fame Fundraiser; the exact date will be announced soon!

Looking forward to creating new memories with you all,

-Taylor
Activities Director

Upcoming Lessons at the San Diego Swing Dance Club

Join us every Sunday afternoon. Lesson(s) promptly at 1:30, Dance at 2:30

Sept 1	Large Ballroom	Christann Heidman — ECS	Small Ballroom: Intro to WCS
Sept 8	Large Ballroom	Larry Armstrong & Meredith Anderson — WCS	Small Ballroom: Intro to WCS
Sept 15	Large Ballroom	Larry Armstrong & Meredith Anderson — WCS	Small Ballroom: Intro to WCS
Sept 22	Large Ballroom	Jade Bryan — adv WCS Workshop	Small Ballroom: No class
Sept 29	Large Ballroom	Larry Armstrong & Meredith Anderson — WCS	Small Ballroom: Intro to WCS

From Our Dance Director Geoff Burns

Christann Heidman teaches East Coast Swing on September 1

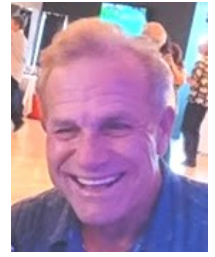


Christann Heidman started her partner dancing journey in the Ballroom and Latin scene in 2003. For Christann, the most important part of teaching dance is to give each person what they need to have fun and learn with the approach that works best for them. She teaches East Coast and West Coast Swing, Salsa, Bachata, Cha Cha, Rumba, American Tango, Foxtrot, Waltz and more.

In 2016 Christann formed a partnership with Mark Pablo. Together, Mark

and Christann (MAC) have organized and choreographed a West Coast Swing dance team, and have taught Master Classes for the Broadway San Diego Awards, and at various dance conventions as well as group and private lessons.

Christann is a co-host of Dance Diego, a monthly lesson and social dance that celebrates community & connection, featuring West Coast Swing, Country Two-Step, Nightclub Two-Step and more. Check it out on the 2nd Friday of each month –we can't wait to dance with you!



Jade Bryan teaches Advanced WCS Workshop on September 22



We Welcome Our New Members:

Richmond Meyer
Brandon Li
Karen Brothers

Jerry Morrison
Yumi
Olga Lopez



JADE BRYAN Jade started dancing at 3 training in jazz, tap, ballet and hip hop. At 17 she was introduced to partnership dancing and started training at Fred Astaire Dance Studio. After 3 years she started competing in American Smooth and Rhythm as well as West Coast Swing. Now Jade is an Independent Instructor that teaches all over San Diego county as well as across the United States. Currently she competes in the All-star division for West Coast Swing and won the Top Follow in the NASDE circuit for 2017. She also competes Pro- Am for West Coast Swing, American Smooth and American Rhythm. When Jade is not traveling she is helping the local dance scene teaching private lessons, group classes and deejaying at local events.

Left, Garry and Judy celebrate their 80th Birthdays with us.

Getting to Know Each Other Better Interviews with Meredith Anderson



This month I'm continuing to find out about different members. I talked Garry and Judy Bowman about their life and what eventually brought them to the San Diego Swing Dance Club.

Garry James Bowman was born on September 25, 1944 in Detroit, Michigan. Judith Diane Bowman, nee Barringer, was born on June 12, 1944 in Highland Park, Michigan. Garry and Judy attended local public schools. Garry's high school was in Detroit and Judy's high school was in Livonia, Michigan. Garry graduated in January 1962 and started attending the University of Michigan in Ann Arbor, Michigan in February 1962. He graduated with a Bachelor in Business Administration in 1965. He attended the University of Michigan Law School from 1965 to 1968 receiving his Juris Doctorate in May 1968. After high school, Judy began working as an administrative assistant with a local law firm. In 1963 she obtained a position as administrative assistant to the quality control manager at the Ford Motor Company parts plant in Ypsilanti, Michigan.



Garry and Judy first met at age 12 when they joined the orchestra at the church they were attending with their families. At the age of 16, they started dating. When Garry went away to college,

they continued to date on weekends when Garry was able to return to Detroit from Ann Arbor. Even though Garry had several years of college and law school ahead, they decided that seeing each other on occasional weekends was not enough for them. In December 1963, Garry proposed marriage. On August 17, 1963 they were married at the same church where they had first met.

They moved to Ann Arbor and lived in a married student apartment on campus. In 1967, with Garry's graduation from Law School approaching in May 1968, Garry and Judy began talking about their future after law school. Garry saw that law firm recruiters from over the country were coming to Ann Arbor to interview potential associates. Rather than consider a position with a law firm in the mid-west or east coast, Garry and Judy decided that their future should be in southern California. Garry arranged an interview trip to San Diego in mid-November 1967. Leaving dreary, cold Detroit, he arrived in sunny San Diego and was sold on the weather and opportunities available. After the interview trip, Garry was offered a job as Deputy City Attorney with the San Diego City Attorney's office, subject to passing the California State Bar.

Garry and Judy moved to San Diego in May 1968. They have 4 adult children and 7 grandchildren and live in Bonita California.

Garry and Judy love to travel and have been to every corner of the world, including the 7 wonders of the world. They have been (sometimes only briefly) to 93 countries. They have been to every continent. They continue to travel and have plan to see new places in the future.

Garry and Judy never danced at all until the summer of 2015 when Bob and Suzie Avila invited them to their home to learn to dance. They began meeting with other couples approximately every other Saturday afternoon. Bob taught them the basic moves

of West Coast Swing, Cha Cha, Night Club two-step, Country two-step and other dances. After a year, they invited Garry and Judy to attend the dances at the San Diego Swing Dance Club. Garry and Judy continue to dance regularly at the San Diego Swing Dance Club on Sundays and continue to learn to be better dancers. When they travel, especially on cruise ships, they



take every opportunity to dance at the various venues provided. Although they both turn 80 in 2024, they continue to be young at heart and dancing is part of their Healthy lifestyle. They are strong believers that a full life requires faith in God, exercise, eating healthy, service to others, generosity, relationships, fun and, most of all, love.



Right, Garry and Judy at a Family Runion

**SAN DIEGO SWING DANCE CLUB, INC.
BOARD OF DIRECTORS
2024-2025
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Member At Large Larry Armstrong

Due to endless SPAM attacks, a single email address is now offered for contacting board members. This email box is checked regularly and forwarded to the correct member if it is not SPAM. You may address the entire board also using this address:

SDSDCBoard@sandiegoswingdance.com

BOARD OF DIRECTORS MEETINGS
Generally on the 2nd Sunday of the
Month at 12 pm at Dance HQ.

OUR NEXT MEETINGS ARE:

August 4th 12:00 pm
September 8th 12:00pm

Location: Dance Headquarters
5035 Shawline St
San Diego, CA 92111

All members welcome.

If you wish to address the Board you must be on the agenda one week prior to the meeting. Members may approach any of the Executive



Taylor with Activites Committee Members Craig and Lisa.

September Birthdays

01 Frank Solimine	12 Judy Wilson
03 Debbie Kelley	12 Michael West
03 Jim Schaeffer	13 David Finegold
03 Linda Gu	13 Evelyn Coates
03 Rosalie Rodriguez	15 Robert Palladino
04 Doug Rogers	17 Arthur Beltran
04 Gunnar Haugo	18 Lisa Simmons
05 Melody Sussan	18 Ron Kofron
06 Meredith Anderson	20 Gordon Przytulski
08 Art Gallo	22 Dahne Ta
08 Olga Aleshin	24 Gerrie Woo
09 Paula Fialkoff	24 Joy Lopez
10 Kathy Grauer	25 Garry Bowman
10 Liz Holston	27 James Bounds
10 Mark Ainslie	28 Sylvia Goebel
12 Donna Long	29 Margaret Fazio

HAPPY BIRTHDAY !

The club will provide a cake and supplies to celebrate birthdays, usually on the 1st Sunday of the month. In August, it will be August 11.

About SDSDC:

The San Diego Swing Dance Club is a private, non-profit organization. Its specific and primary purposes are to enjoy, promote, preserve, encourage, and teach West Coast Swing. Members receive discounts to weekly dances and special events and each issue of *Swing Times* newsletter. If you haven't been to the Club dances in a while, stop by soon so you can continue to enjoy the dancing, fun, and friendliness that makes SDSDC so special.

The San Diego Swing Dance Club Inc.

The SDSDC meets on Sunday afternoon and is open to the general public. **No Partner Needed!** Admission is \$10.00 for members and \$15.00 for non-members. Except on the 4th Sunday, lessons are free with paid admission to the dance. On the 4th Sunday, we have a special workshop before the dance for an additional charge. Mid-month Sundays have both Intro and Intermediate WCS lessons that are free with paid admission to the dance. Schedule is subject to change. Lesson is always prior to regular dance.)

(See Flyers posted and/or the website for further information)

Classes: Sunday - 1:30 - 2:30 P.M.

Dances: Sunday 2:30 - 5:00 P.M.

Dance Headquarters
5035 Shawline St.
San Diego, CA 92111

SEE WEBSITE FOR
MAP & DIRECTIONS
www.sandiegoswingdance.com

HOTLINE — Voice or Text — (619) 333-6603